

Life Together Groups

Books meeting from 6:30-8pm on the first Sundays of February, April, June, August and October:

- *Mothering By the Book* by Jennifer Pepito
 - Host: Ashley Wells
 - Blurb: "Mothering by the Book" is for moms who want to overcome fear and connect with their children. Veteran homeschool mom and author Jennifer Pepito will guide us through literary companions and help us recapture the joy of motherhood. Fear can rob the joy from our mothering journey, but we can overcome it by looking at noble characters in literature and applying the truth we learn from these examples to our daily lives so we can savor our journey through motherhood.
 - Target Audience: This Group is for current or future homeschooling moms.
- *Taking God at His Word* by Kevin DeYoung
 - Host: Heather Dubose and Megan Marchena
 - Blurb: Have you ever prayed for God to give you the desire to read his word, or to help you reprioritize it in your life? Psalm 119:167 says, "My soul keeps your testimonies; I love them exceedingly." In Psalm 119, we see a deep love for the word of God. In his book, DeYoung says, "Psalm 119 is the goal. I want to convince you (and make sure I'm convinced myself) that the Bible makes no mistakes, can be understood, cannot be overturned, and is the most important word in your life, the most relevant thing you read each day." The goal is that we love and trust the Bible deeply and that we crave our time in it because it is God's word!
 - Target Audience: Any woman who is looking for God to stir their heart and reprioritize the word of God in their life!
- *Live No Lies* by John Mark Comer
 - Host: Jessica Lagomarcino and Erin Coon
 - Blurb: Jesus tells us that we will know the truth and the truth will set us free. Yet we all live grappling with lies, that too often we believe, and then begin to live out. These lies keep us from the peace and freedom and true human flourishing Jesus has for us. This book will help us identify lies outside of us and inside our minds and help us to "Live no lies." (There is a great video of the author talking about the book on Amazon if you want to know more!)
 - Target Audience: This group is open to all women!
- *Aging with Grace* by Sharon W. Betters and Susan Hunt
 - Host: Tracy Cornish and Linda Myhre
 - Blurb: Today's culture marginalizes old age, often portraying it as burdensome and hopeless. Here is a book that presents examples of women who have found

joy in the passing of time as they age with grace—finding fulfillment in their enjoyment of God. Whatever season of life you're in, God has equipped you to flourish—to live in the transforming power and beauty of his grace. As we age, we can easily lose sight of this message as cultural ideals glorifying youth take center stage. Equipped with a biblical view of aging, *Aging with Grace* will help you encounter afresh the gospel that “is big enough, good enough, and powerful enough to make every season of life significant and glorious.”

- Target Audience: Women who desire to “age well” recommended for women 50+.
- *When Prayer Becomes Real* by Kyle Strobel and John Coe
 - Host: Hilary Noltemeyer
 - Blurb: If you have struggled with feeling connected deeply to the Lord in prayer, this book offers a perspective that was new to me. This book shares a unique combination of practices grounded in self examination and spiritual formation, encouraging the exploration of our own hearts as we come before God. It has really changed how I view prayer, stretching me to contemplate why “prayer can never be a topic to understand or a technique to master. Prayer is being with God in truth and love.” This book is practical and easy to understand while encouraging a deeper and more robust prayer life.
 - Target Audience: Any woman who yearns to deepen her prayer life, who is willing to engage in self reflection and honestly examine her own heart and how that affects her time in prayer. (This won't be a time for group therapy though themes of life's struggles may be brought up; but instead a time to personally reflect and journey together as we discover how what we unknowingly bring to prayer affects our relationship with God)
- *The Defining Decade* by Meg Jay
 - Host: Amanda Phillips and Sarah Black
 - Blurb: Some call the twenties an extended adolescence, some call it an emerging adulthood. But Dr. Meg Jay, a clinical psychologist, argues that twentysomethings have been caught in a swirl of hype and misinformation that has trivialized the transforming work God is doing in that period of their adult lives. Discover tools to make the most of your twenties with other women in your age group.
 - Target Audience: Women age 19-29

Books meeting from 6:30-8pm on the first Wednesdays of March, May, July, September and November:

- *All That's Good* by Hannah Anderson
 - Host: Jackie Lopina
 - Blurb: Discernment and wisdom are topics that are easily overlooked. And if we do look into them, we're confused by what it means. How do we grow in discernment? How do we gain wisdom? One reviewer says “All that's Good

urges us to grow in true discernment by developing a taste for God's goodness." "Discernment is more than simply avoiding bad things;" the blurb on the back explains, "discernment actually frees you to navigate the world with confidence and joy by teaching you how to recognize and choose good things." Join us as we seek God together to grow in wisdom and discernment as we follow him!

- Target Audience: Any woman who wants to grow in her own wisdom and discernment, anyone who wants to peer through the confusion and craziness of this world to clearly see God's goodness all around us
- *The Great Sex Rescue* by Sheila Wray Gregoire
 - Host: Jess Rupert and Emily Thomas
 - Blurb: Generations of women have grown up with messages about sex that make them feel dirty, used, or invisible, while men have been sold such a cheapened version of sex, they don't know what they're missing. *The Great Sex Rescue* pulls back the curtain on what is happening in Christian bedrooms and exposes the problematic teachings that wreck sex for so many couples--and the good teachings that leave others fulfilled. *The Great Sex Rescue* hopes to turn all of that around, developing a truly biblical view of sex where mutuality, intimacy, and passion reign.
 - Target Audience: Any Woman who feels they carry the potency of harmful sexual teachings with them into the bedroom and who instead would like to experience a deeper, more intimate, and satisfying relationship with their husband.
- *Humble Roots* by Hannah Anderson
 - Host: Brandi Hyde
 - Blurb: Feeling worn thin? Come find rest. Nestled in the simple rhythms of rural life, taking cues from forsythia, milkweed, and wild blackberries, Hannah Anderson meditates on the pursuit of peace and its natural companion, humility. Part theology of incarnation, part stroll through fields and forest, *Humble Roots* reveals how cultivating humility—not scheduling or increased productivity—leads to true peace. By remembering who you are and Who you aren't, you can discover afresh need for God and the rest that comes from belonging to Him. So come. Consider the lilies of the field, and learn humility from Christ Himself.
 - Target Audience: For any woman desiring to move away from the pride of accomplishment and seeking to embrace the limits of being made of flesh.
- *Holier Than Thou* by Jackie Hill Perry
 - Host: Anna Goodner
 - Blurb: In *Holier Than Thou*, Jackie walks us through Scripture, shaking the dust off of "holy" as we've come to know it and revealing it for what it really is: good news. In these pages, we will see that God is not like us. He is different. He is holy. And that's exactly what makes Him trustworthy. As it turns out, God being "holier than thou" is actually the best news in the world, and it's the key to trusting Him.

- Target Audience: Any woman who has a desire to grow in trusting the Lord.
- *Teach Your Children Well: A Step-by-Step Guide for Family Discipleship* by Sarah Cowan Johnson
 - Host: Amy Simpson
 - Blurb: There's no shortage of parenting advice offered to moms as they leave the baby years behind and begin to consider what it means to raise a mobile, opinionated, and increasingly independent child. While many philosophies often pit connection and expectations against each other, we want to examine what it looks like to nurture both of those in our homes as we point our children toward Jesus in simple and tangible ways. This book will be a guide to step outside of a one-size-fits-all parenting model and establish a practical and compelling framework that helps silence shame ("I should be doing more") while crafting a vision.
 - Target Audience: This group is limited to moms of preschoolers (though the book covers all ages - we will be focusing on the early years chapters). If your oldest child is Kindergarten-age or below, we would love to have you join us!
- *The Relational Soul* by James Cofield and Richard Plass
 - Host: Marilyn Dowden and Laura Lee Bassett
 - Blurb: What does loneliness tell us? "Be it chronic or acute, slight or significant, loneliness is proof of our relational design. At the core of our being is this truth—we are designed for and defined by our relationships," former pastors Plass and Cofield write. "We were born with a relentless longing to participate in the lives of others. Fundamentally, we are relational souls." Our ability to make deep and emotionally satisfying connections rests on the capacity to trust, and we all know trust can be difficult. Early-life relational "programming" and patterns of attachment can serve as blueprints for relationships later in life, whether good or bad. But no matter our conditioning, God is out to reclaim and restructure the deepest terrain of the human soul by helping us shed our reactive "False Self" and put on our receptive "True Self." Through spiritual disciplines and a conscious participation in the love of the Father, Son and Spirit, we transform our self-awareness and our connection with other people.
 - Target Audience: Any Woman seeking to grow in true connections with others through healing in Christ.